

Sparsholt Community Support Group



DISTANCING GUIDE AT THE SHOP

SPARSHOLT SHOP AND POST OFFICE

Opening times:

Shop:
Monday to Saturday
8.00am – 1.00pm

Post Office:
Monday to Friday
9.00am to 12.00 midday

A RIDDLE A DAY...

A couple of riddles to bring a smile to your face:

'I have branches, but no trunk, leaves or fruit. What am I?'

'I have hands but cannot clap. What am I?'

'I go up as the rain comes down. What am I?'

Answers published in the next newsletter.

Our Village shop and post office is still running and working hard to keep us supplied with the necessities of life. The usual staple items are nearly always in stock (milk, local fresh bread, eggs and meat) and our fresh fruit and vegetables are always very popular – No problem with our '5 a day' in Sparsholt !

We are managing to work safely for our customers and staff but please continue to observe the rules about social distancing. This may mean you have to queue for a moment or two but only for as short a time as necessary – please bear with us !

We have just renewed our blue lines to help.

We are still delivering to those who ask, a few a day – our volunteers are doing a fantastic job. Please get in touch if you have a problem shopping.

We look forward to seeing you at the shop or to hearing from you if we can help.

STAY SAFE, STAY WELL



LETTER OF THANKS FROM HM LORD-LIEUTENANT OF HAMPSHIRE

From: Nigel Atkinson Esq



Sparsholt Village

alastair@barronhorril.com

10th April 2020

Hampshire Lieutenancy Office
Serle's House
Gar Street
Winchester
Hampshire SO23 8GQ

Tel: 01962 826068

Email: lord.lieutenant@hants.gov.uk

Dear Volunteers

I understand you and your team at Sparsholt have set up a comprehensive volunteer scheme helping those who are elderly, self-isolating or indeed anyone who needs assistance in the area during these difficult times.

May I not only thank you for starting this excellent initiative but also wish you every success with it.

Local communities right across the county would simply not be able to cope without the enthusiasm, public spirit and support of people such as yourself.

Please convey my gratitude to your fellow volunteers.

Thank you so much for all you are doing.

Finally, I sincerely hope you and your families stay well.

Yours sincerely

Nigel Atkinson

The Lord-Lieutenant is the **representative of the Queen** in Hampshire

We are proud to announce that the efforts and support that have been provided by everyone in the Sparsholt Community have been recognised and appreciated.

Thank you to everyone!

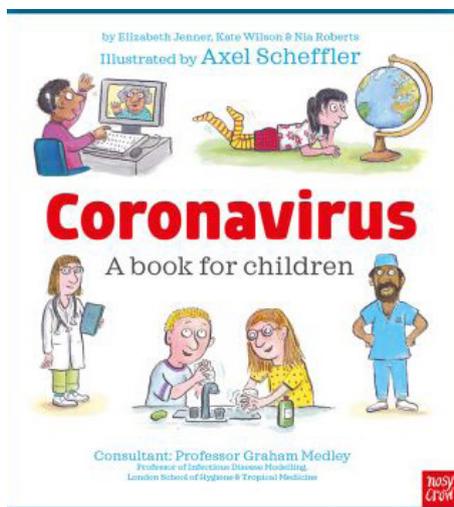
Coronavirus - a book for children

Alex Scheffler has illustrated a digital book for primary school age children, free for anyone to read on screen or print out, about coronavirus.

The book answers key questions in simple language appropriate for 5 to 9 year olds.

The book is for free, however you can make a donation to our **health service**.

You can download a copy of the book [here](#) or [read the book online here](#).



CHOOSE A LOCAL CHARITY

It is not too late to choose a local charity that we as a local community can support.

Please go to the [Support Group webpage](#) where the Google form is available for another week.

PHOTO QUIZ

Well done to John Cleverley who correctly identified the location of the photo.

The answer: The Thatched House on Church Lane.

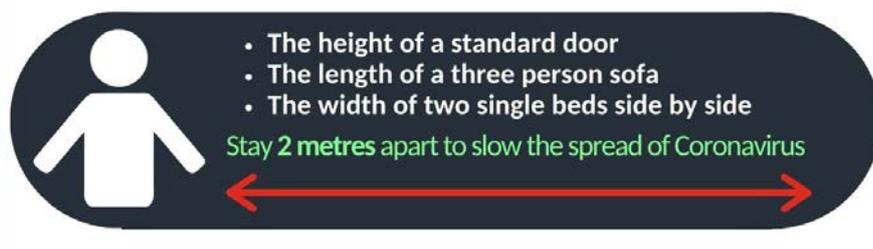
CONSIDERATION FOR OTHERS

The lanes and paths in Sparsholt are particularly narrow and that is one of the attractions of the parish.

However, the narrowness poses a considerable challenge when trying to maintain a social distance of 2 metres while exercising outdoors.

What does 2 metres look like?

CORONAVIRUS
PROTECT YOURSELF & OTHERS



The Support Group have heard of several instances and have had their own direct experience of some inconsiderate behaviour.

In these difficult times everyone ought to be striving to be even more considerate than usual towards other people. They may not be as nimble as the fast paced runner and can't so easily step aside to maintain a safe distance. They may not hear a quiet cycle as it speeds up to them from behind. And they may not be able to maintain social distancing when children in larger household groups straggle all over the road.

As ever we hope the inconsiderate behaviour was by people from outside the village. But just in case it's not we felt duty bound to mention it.

ANNUAL PARISH MEETING CANCELLED

The Annual Parish Meeting where the Council presents its Annual Reports to the parishioners, that was due to take place on 22nd April, has been cancelled.

PARISH COUNCIL PLANNING MEETING

The planning meeting set for 22nd April will still go ahead as a virtual meeting.

Please go to the 'Our Meetings' section of the Parish Council website for more information.

ONLINE FRAUD

Please be aware and vigilant that nobody legitimate (genuine bank, government department, company etc.) would ever ask you to give financial/account/personal information over the phone/text or by email.

Never click on any email link you've not authenticated and never give any information to anyone who has rung you.

IF IN DOUBT, PUT THE PHONE DOWN

THE FOX, CRAWLEY

The Fox at Crawley have advised us that following requests they can now deliver meals to Sparsholt

AN UPDATE FROM YOUR CITY COUNCILLOR

BONFIRES

WCC is encouraging all residents to refrain from having bonfires at this time.

Coronavirus is a respiratory disease and so bonfires can aggravate the symptoms.

Please act considerately !

PHARMACY SERVICES

There have been many residents who have told us that access to their pharmacy and their prescriptions has been a problem over recent weeks.

Pharmacies are now to be commissioned directly to deliver medicines and residents are to be asked to hold just one months stock of repeat medicines instead of three.

It is hoped this will ease some of the strain on the system at this time.

SUPPORT FOR DOMESTIC ABUSE VICTIMS

The Home Secretary, Priti Patel, launched a new public awareness raising campaign, under the hashtag #YouAreNotAlone, highlighting that if anyone is at risk of or experiencing domestic abuse, help is available.

The campaign will be publicising support available including the 24-hour National **Domestic Abuse Help** line number – 0808 2000 247 – run by Refuge, and the website - www.nationaldahelpline.org.uk.



Tom 99 aimed for £1000 for his 100 laps for the NHS. He's has just finished walking 100 laps and at the time of writing, has raised just under £15m for the NHS. Just watch how the amount is growing by using the refresh button on your browser - kindness growing like a virus!

<https://www.justgiving.com/fundraising/tomswalkforthenhs>

Calling all writers, thinker, poets, photographers...

In these strange and sometimes disconnected times, the Editorial Committee of the Downs Benefice Magazine have agreed that the magazine show must go on and are therefore committed to producing a June/July 2020 edition. At the time of writing (mid-April) it is not at all clear whether or not we will be able to print and distribute copies, but at the very least the magazine will be published on-line through whatever channels we can discern.

This is an invitation to anyone in our communities to contribute short articles – in whatever form, from your thoughts on life under lockdown to photographs, poems, nature notes, etc. etc. Articles should be restricted to a 500 word limit please and a picture really can be worth a thousand words!

We hope to receive contributions from people of all ages and items for inclusion should be submitted as a Word Document (not PDF) attachment to an email sent to anne@meitner.co.uk

The deadline is Bank Holiday Friday, 8th May. The editor will choose which articles to publish and the articles may be edited if necessary to fit with other content. Contributors will be credited.

SPARSHOLT COMMUNITY SUPPORT GROUP

Contact details:

Contact phone number for requests for support – 07595 967259

Contact email address for volunteers and requests for support - supportgroup@sparsholtparish.org

Newsletter Co-ordinator – Danielle Kleingeld at supportgroupnews@sparsholtparish.org

Volunteer and At Risk Lists Co-ordinator – Jane Kempton at supportgroupvar@sparsholtparish.org

Sparsholt Parish: <http://www.sparsholtparish.org/>
 Sparsholt Shop: <http://www.sparsholtshop.com/>
 Downs Benefice: <http://www.downsbenefice.org/>



Winchester
City Council

IT'S OKAY TO ASK FOR HELP

Even if you normally look after yourself perfectly well, the **COVID-19** outbreak has made life harder for everyone.

If you need help to get food, medicine or you are finding it hard to manage without anyone to assist you **please call**

0333 370 4000

9am - 5pm
Any day of the week

Your local councils and local volunteers are here to help

Advice and guidance can also be found on
winchester.gov.uk/covid19



winchester.gov.uk